IN THE CLAIMS

- 1.-4. (canceled)
- 5. (previously presented): For a user having a toe and standing on a skate, a skate braking mechanism comprising:
 - a brake; and
- a lifter connected to the brake and pressable upward by the toe of the user to actuate the brake;

whereby the brake connected to the lifter is actuated according to a natural motion of the user to maintain balance;

wherein the brake comprises a brake shoe coupled to the lifter, and wherein the brake shoe bears on at least one wheel of the skate when actuated.

- 6. (previously presented): The skate braking mechanism according to claim 5, wherein the brake shoe is directly coupled to the lifter.
- 7.-8. (canceled)
- 9. (previously presented): The skate braking mechanism according to claim 5, wherein the brake shoe comprises fiber-reinforced elastomer.
- 10. (canceled)
- 11. (previously presented): The skate braking mechanism according to claim 9, wherein the elastomer comprises urethane.

- 12. (previously presented): The skate braking mechanism according to claim 5, comprising a return spring counteracting an upward pressing motion of the toe.
- 13. (previously presented): For a user having a toe and standing on a skate, a skate braking mechanism comprising:
 - a brake; and
- a lifter connected to the brake and pressable upward by the toe of the user to actuate the brake;

whereby the brake connected to the lifter is actuated according to a natural motion of the user to maintain balance;

wherein the lifter is positioned above the toe forward of metatarsals of the foot of the user.

- 14. (previously presented): The skate braking mechanism according to claim 13, wherein the lifter is pivoted to be moved upward by the toe.
- 15. (previously presented): The skate braking mechanism according to claim 14, wherein the lifter is pivoted about a pivot axis adjacent to a joint between a metatarsal and a phalanx of the toe.
- 16. (canceled)

- 17. (previously presented): For a user having a toe and standing on a skate, a skate braking mechanism comprising:
 - a brake; and
- a lifter connected to the brake and pressable upward by the toe of the user to actuate the brake;

whereby the brake connected to the lifter is actuated according to a natural motion of the user to maintain balance;

wherein the brake comprises a brake shoe that is pivoted to rotate about an axle of a first wheel, so as to bear against a second wheel.

- 18. (previously presented): The skate braking mechanism according to claim 5, wherein the lifter is pivoted to be moved upward by the toe.
- 19. (previously presented): The skate braking mechanism according to claim 17, wherein the lifter is pivoted to be moved upward by the toe.
- 20. (new): The skate brake according to claim 18, wherein the lifter is pivoted about a pivot axis adjacent to a joint between a metatarsal and a phalanx of the toe.
- 21. (new): The skate brake according to claim 19, wherein the lifter is pivoted about a pivot axis adjacent to a joint between a metatarsal and a phalanx of the toe.
- 22. (new): The skate braking mechanism according to claim 5, wherein the brake shoe is coupled to the lifter via a linkage.

- 23. (new): The skate braking mechanism according to claim 13, wherein the brake shoe is directly coupled to the lifter.
- 24. (new): The skate braking mechanism according to claim 13, wherein the brake shoe is coupled to the lifter via a linkage.
- 25. (new): The skate braking mechanism according to claim 17, wherein the brake shoe is directly coupled to the lifter.
- 26. (new): The skate braking mechanism according to claim 17, wherein the brake shoe is coupled to the lifter via a linkage.
- 27. (new): The skate braking mechanism according to claim 9, wherein the brake shoe comprises a portion of fiber-reinforced elastomer belt.